



Kelly Bear Anti-Bullying Activity

by Leah Davies

PRINT THE PAGE. THEN DO THE ACTIVITIES.

Name _____

Circle "Yes" or "No" as you answer each of the following questions.

- | | | |
|---|-----|----|
| 1. If you see a child left out, do you ask him or her to play? | YES | NO |
| 2. If you see a child getting picked on, do you try to help him or her? | YES | NO |
| 3. Do you stay away from children who say bad things about others? | YES | NO |
| 4. When you feel sad or angry, do you think of helpful ways to feel better? | YES | NO |
| 5. Do you try to help other children get along? | YES | NO |
| 6. Do you feel angry most of the time? | YES | NO |
| 7. When you feel angry do you hit or hurt others? | YES | NO |
| 8. Do you tease or threaten other children? | YES | NO |
| 9. Do you make up bad stories about other children? | YES | NO |
| 10. Do other children think you are mean? | YES | NO |

If you answered "Yes" to numbers 1 - 5 and "No" to numbers 6 - 10, you try to be a kind person who cares about others. If you answered the questions differently, you may want to talk to an adult about how you feel.

On the back of this paper, draw a picture or write down what you will try to do to make yourself, your home, school or community a more friendly and peaceful place.



**Kelly Bear says,
"I care, and I want you to care about yourself and others."**

(For further information see **Kelly Bear DVD's - Violence Prevention Series** found under "Materials" and the **Kelly Bear Feelings** book also found under "Materials." Both the DVD and the book are included in the Kelly Bear Complete Collection. Go to www.kellybear.com.)

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